

Trinity  
Lutheran  
Preschool



April 3 - 7, 2023

CACFP						
Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>BREAKFAST</b> 3 components Fruit or vegetable or both Grain Meat alternative milk	Waffles Applesauce Milk	WW/ French Toast Syrup Pineapple Milk	Yogurt w/Granola Peaches Milk	Cheese Quesadilla WW/ Tortilla Cucumbers Milk	Muffins Mixed Fruit Milk	
<b>LUNCH</b> 5 components meat/ meat alternative Fruit Vegetable Grain milk	BBQ Pork Sliders WW Bun Baked Beans Fruit Cocktail Milk	Tuna Salad WW Bread Carrots Mangoes Milk	Chicken Enchilada IR - WW Tortilla, Green Sauce, Cheese, Seasonings Southwest Corn Pears Milk	Chili Crackers Green Beans Mandarin Oranges Milk	Garlic Parmesan Chicken WW Pasta Broccoli Apple Slices Milk	
<b>SNACK</b> 2 of 4 components Milk Fruit Vegetable Grain	Pretzels Milk	WG Gardetto's Milk	WW PB Roll-Up Milk	WW Wheat Thins Ranch Dip Water	Variety Milk	

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WGR- whole grain rich, SF- SugarFree. All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of some products. \*This institution is an equal opportunity provider\*