

**Trinity
Lutheran
Preschool**



**November 13- 17,
2023**

CACFP					
Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	Pancakes Mixed Fruit Milk	WW Bagels Cream Cheese Tropical Fruit Milk	Eggs with Cheese Peaches Milk	WG Cereal Bananas Milk	WG Rice Cakes Yogurt Mango Milk
LUNCH 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	WW Grilled Cheese Tomato Soup Pineapple Milk	WW Pizza Pepperoni & Cheese Cucumbers Mandarin Oranges Milk	WW Spaghetti with Hamburger Sauce Carrots Pears Milk	Finger Food Feast Milk Donations from Families	Chicken Noodle Soup Mixed Veggies Crackers Mixed Fruit Milk
SNACK 2 of 4 components: Milk Fruit Vegetable Grain	Cheese Stick Pita Chips Water	Animal Crackers Milk	WW PB Roll Ups Milk	Pretzels Milk	Variety Milk

WW- whole wheat, HM- indicates homemade, JR- indicates in recipe, WGR- whole grain rich, SF- Sugar-Free. All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of some products. *this institution is an equal opportunity provider.*