

**Trinity  
Lutheran  
Preschool**



**Nov 4 - 8,  
2024**

**CACFP**

Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	WG Graham Crackers Applesauce Milk	Yogurt WG Granola Peaches Milk	Pancakes Syrup Mixed Fruit Milk	WG Oatmeal Mangos Milk	WG Cereal Apple Slices Milk
<b>LUNCH</b> 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	WW Turkey & Cheese Sandwich Grapes Carrots Milk	WW Chicken Alfredo Green Beans Tropical Fruit Milk	WW Bean & Cheese Burrito Mixed Veggies Mandarin Oranges Milk	WW Cheese English Muffin Pizza Cucumbers Pears Milk	Orange Chicken WG Brown Rice Pineapple Cauliflower Milk
<b>SNACK</b> 2 of 4 components Milk Fruit Vegetable Grain	Animal Crackers Milk	Pita Chips Milk	Banana Smoothies	WW Wheat Thins Milk	Variety Milk

WW- whole wheat, HM- Indicates homemade, IR- Indicates in recipe, WGR- whole grain rich, SF- SugarFree. All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of products. \*This institution is an equal opportunity provider\*