

**Trinity
Lutheran
Preschool**



**September 4 - 8,
2023**

CACFP					
Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST 3 components. Fruit or vegetable or both Grain Meat or Meat Alternative Milk	Closed	Pancakes Tropical Fruit Milk	WW Cheese Quesadilla Pineapple Milk	WW Bagels Cream Cheese Mixed Fruit Milk	Biscuits & Gravy Mandarin Oranges Milk
LUNCH 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	Closed	HM Chicken Strips IR - Shake N Bake Carrots Mandarin Oranges Milk	Sloppy Joe IR - Sauce, Hamburger WW Bun Baked Beans Milk	WW Spaghetti Hamburger Sauce Peas-Carrots Apple Slices Milk	Turkey & Cheese WW Roll Ups Celery Tropical Fruit Milk
SNACK 2 of 4 components Milk Fruit Vegetable Grain	Closed	Goldfish Milk	HM Trail Mix IR - Chex Cereal, Mini Pretzels, Cranberries, Milk	Cheez Its Milk	Variety Milk

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WGR- whole grain rich, SF- SugarFree, All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of some products. *this institution is an equal opportunity provider*