

**Trinity  
Lutheran  
Preschool**



**December 11-15,  
2023**

<b>CACFP</b>					
<b>Weekly Menu</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>BREAKFAST</b> 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	Blueberry Pancakes Mixed Fruit Milk	Cinnamon WG Oatmeal Peaches Milk	WG Cereal Bananas Milk	Scrambled Eggs W/Cheese Applesauce Milk	WW French Toast Syrup Tropical Fruit Milk
<b>LUNCH</b> 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	WW Spaghetti Hamburger Sauce Carrots Pears Milk	HM Chicken Strips Cucumbers Applesauce WW Tortilla Milk	Turkey & Cheese WW Sliders Green Beans Oranges Milk	WW Chicken Alfredo Corn Mixed Fruit Milk	BBQ Pork WW Sandwiches Pears Pickles Cauliflower Milk
<b>SNACK</b> 2 of 4 components Milk Fruit Vegetable Grain	Goldfish Milk	Raisins Pretzels Rice Chex Cereal Milk	WW Wheat Thins Milk	WG Rice Cakes Milk	Variety Milk

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WGR- whole grain rich, SF- Sugar-Free, All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of some products. "This institution is an equal opportunity provider."