

**Trinity
Lutheran
Preschool**



**Oct 6 - 10,
2025**

CACFP

Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	WW French Toast IR - eggs, milk Mixed Fruit Milk	WG Cereal Apple Slice Milk	WW Bagels w/Butter Pineapple Milk	Pancakes Syrup Tropical Fruit Milk	Scrambled Eggs Peaches Milk
LUNCH 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	Green Chile Hamburger Enchiladas IR - Corn Tortilla, Cheese Corn Tropical Fruit Milk	BRING A SACK LUNCH TO SCHOOL DAY	Chicken Strips IR - Shake n Bake Green Beans Peach WW Roll Milk	WW Baked Ziti IR - Hamburger, Sauce, Ricotta - Mozzarella - Parmesan Cheese Cucumbers Oranges Milk	Ham and Cheese WW Wraps Broccoli - Cauliflower Applesauce Milk
SNACK 2 of 4 components Milk Fruit Vegetable Grain	Ritz Crackers String Cheese Water	Cinnamon Applesauce WG Graham Crackers Water	Chex Mix Milk	Goldfish Milk	Variety Milk

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WG- whole grain rich, SF- SugarFree. All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of products. *this institution is an equal opportunity provider*