

**Trinity
Lutheran
Preschool**



**July 29 - Aug 1,
2024**

CACFP					
Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	WG Cereal Banana Milk	Blueberry Pancakes Syrup Peaches Milk	WW Cheese Quesadilla Pineapple Milk	WG Rice Cakes w/ PB Applesauce Milk	Closed
LUNCH 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	Pasta Salad IR - Olives, Italian Dressing Chicken Strips Mixed Fruit Milk	Green Chili WG Enchiladas Mixed Veggies Pears Milk	Tuna Salad IR - Mayo, Celery, Onion Pita Chips Corn Tropical Fruit Milk	WW Turkey - Cheese Sandwich Cucumber Watermelon Milk	Closed
SNACK 2 of 4 components Milk Fruit Vegetable Grain	Variety Milk	Variety Milk	Variety Milk	Variety Milk	Closed

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WGR- whole grain rich, SF- Sugar-Free: All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of products. *this institution is an equal opportunity provider*