

Trinity
Lutheran
Preschool



Nov 18 - 22
2024

CACFP						
Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday	
BREAKFAST 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	Greek Yogurt WG Granola Mango Milk	Pancakes Syrup Tropical Fruit Milk	WG Cereal Banana Milk	WW Cheese Quesadilla Pineapple Milk	WW French Toast Syrup Mixed Fruit Milk	
LUNCH 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	BBQ Chicken Baked Beans WW Roll Applesauce Milk	Hamburgers WW Bun Corn Mixed Fruit Milk	WW Spaghetti w/ Hamburger Sauce Pears Green Beans Milk	Thanksgiving Finger Food Feast Parents Donate - Meat, Fruit, Veggie, and Grain Preschool - Milk	WW Sandwich Carrots Ranch Peaches Milk	
SNACK 2 of 4 components Milk Fruit Vegetable Grain	Animal Crackers Milk	Ritz Milk	Goldfish Milk	Gorditos Milk	Variety Milk	

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WGR- whole grain rich, SF- SugarFree. All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of products. *this institution is an equal opportunity provider*