

Year	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025																																																																																																																																																																																																		
Population	1,170,000	1,180,000	1,190,000	1,200,000	1,210,000	1,220,000	1,230,000	1,240,000	1,250,000	1,260,000	1,270,000	1,280,000	1,290,000	1,300,000	1,310,000	1,320,000	1,330,000	1,340,000	1,350,000	1,360,000	1,370,000	1,380,000	1,390,000	1,400,000	1,410,000	1,420,000	1,430,000	1,440,000	1,450,000	1,460,000	1,470,000	1,480,000	1,490,000	1,500,000	1,510,000	1,520,000	1,530,000	1,540,000	1,550,000	1,560,000	1,570,000	1,580,000	1,590,000	1,600,000	1,610,000	1,620,000	1,630,000	1,640,000	1,650,000	1,660,000	1,670,000	1,680,000	1,690,000	1,700,000	1,710,000	1,720,000	1,730,000	1,740,000	1,750,000	1,760,000	1,770,000	1,780,000	1,790,000	1,800,000	1,810,000	1,820,000	1,830,000	1,840,000	1,850,000	1,860,000	1,870,000	1,880,000	1,890,000	1,900,000	1,910,000	1,920,000	1,930,000	1,940,000	1,950,000	1,960,000	1,970,000	1,980,000	1,990,000	2,000,000																																																																																																																																																		
GDP	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215	220	225	230	235	240	245	250	255	260	265	270	275	280	285	290	295	300	305	310	315	320	325	330	335	340	345	350	355	360	365	370	375	380	385	390	395	400	405	410	415	420	425	430	435	440	445	450	455	460	465	470	475	480	485	490	495	500	505	510	515	520	525	530	535	540	545	550	555	560	565	570	575	580	585	590	595	600	605	610	615	620	625	630	635	640	645	650	655	660	665	670	675	680	685	690	695	700	705	710	715	720	725	730	735	740	745	750	755	760	765	770	775	780	785	790	795	800	805	810	815	820	825	830	835	840	845	850	855	860	865	870	875	880	885	890	895	900	905	910	915	920	925	930	935	940	945	950	955	960	965	970	975	980	985	990	995	1,000																																																	
Per Capita GDP	85	89	92	96	100	103	107	111	115	119	123	127	131	135	139	143	147	151	155	159	163	167	171	175	179	183	187	191	195	199	203	207	211	215	219	223	227	231	235	239	243	247	251	255	259	263	267	271	275	279	283	287	291	295	299	303	307	311	315	319	323	327	331	335	339	343	347	351	355	359	363	367	371	375	379	383	387	391	395	399	403	407	411	415	419	423	427	431	435	439	443	447	451	455	459	463	467	471	475	479	483	487	491	495	499	503	507	511	515	519	523	527	531	535	539	543	547	551	555	559	563	567	571	575	579	583	587	591	595	599	603	607	611	615	619	623	627	631	635	639	643	647	651	655	659	663	667	671	675	679	683	687	691	695	699	703	707	711	715	719	723	727	731	735	739	743	747	751	755	759	763	767	771	775	779	783	787	791	795	799	803	807	811	815	819	823	827	831	835	839	843	847	851	855	859	863	867	871	875	879	883	887	891	895	899	903	907	911	915	919	923	927	931	935	939	943	947	951	955	959	963	967	971	975	979	983	987	991	995	1,000

CACFP Meal Patterns

Breakfast
The participant is served all three food components - fluid milk, vegetables, fruits or both, and grains.
Fluid Milk
Vegetables, fruits, or portions of both
Grains* <ul style="list-style-type: none"> • Whole grain-rich or enriched bread. • Whole grain-rich or enriched bread product, such as biscuit, roll, or muffin. • Whole grain-rich, enriched, or fortified cooked breakfast cereal, cereal grain, and/or pasta. • Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold.) <ul style="list-style-type: none"> ○ Flakes or rounds. ○ Puffed cereal. ○ Granola.
Grains substituted with a meat/meat alternate* (May be used to meet the entire grain requirement a maximum of three times per week.)
Lunch and Supper
The participant is served all five food components - fluid milk, meat/meat alternative, vegetables, fruits, and grains.
Fluid Milk
Meat/meat alternates <ul style="list-style-type: none"> • Lean meat, poultry, or fish. • Tofu, soy product, or alternate protein products. • Cheese. • Large egg. • Cooked dry beans or peas. • Nut, soy, or seed butters. • Yogurt, plain or flavored, unsweetened or sweetened.
The following may be used to meet no more than 50% of the requirement: <ul style="list-style-type: none"> • Peanuts, soy nuts, tree nuts, or seeds as listed in program guidance, or an equivalent quantity of any combination of the above meat/meat alternates.
Vegetables
Fruits
Grains <ul style="list-style-type: none"> • Whole grain-rich or enriched bread. • Whole grain-rich or enriched bread product, such as biscuit, roll, or muffin. • Whole grain-rich, enriched or fortified cooked breakfast cereal, cereal grain, and/or pasta.
Snack
The participant is served two of the five food components.
Fluid Milk
Meat/meat alternates <ul style="list-style-type: none"> • Lean meat, poultry, or fish. • Tofu, soy product, or alternate protein products. • Cheese. • Large egg. • Cooked dry beans or peas. • Nut, soy, or seed butters. • Yogurt, plain or flavored, unsweetened or sweetened. • Peanuts, soy nuts, tree nuts, or seeds.
Vegetables
Fruits
Grains <ul style="list-style-type: none"> • Whole grain-rich or enriched bread. • Whole grain-rich or enriched bread product, such as biscuit, roll, or muffin. • Whole grain-rich, enriched or fortified cooked breakfast cereal, cereal grain, and/or pasta. • Whole grain-rich, enriched, or fortified ready-to-eat breakfast cereal (dry, cold.) <ul style="list-style-type: none"> ○ Flakes or rounds. ○ Puffed cereal.

Nondiscrimination Statement Revised May 2022

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained [online](#), from any USDA office, by calling 866-632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: Mail: US Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov This institution is an equal opportunity provider.

1. The first part of the document discusses the importance of maintaining accurate records of all business transactions. This is essential for the proper management of the company's finances and for ensuring compliance with applicable laws and regulations.

2. The second part of the document outlines the various methods used to collect and analyze data. These methods include surveys, interviews, and focus groups, each of which has its own strengths and weaknesses.

3. The third part of the document describes the process of identifying and defining the research problem. This involves a thorough review of the literature and a clear statement of the research objectives.

4. The fourth part of the document discusses the selection of the research design and the development of the research plan. This includes determining the scope of the study and the resources required to complete it.

5. The fifth part of the document describes the process of data collection and the various methods used to ensure the reliability and validity of the data.

6. The sixth part of the document discusses the process of data analysis and the various statistical techniques used to interpret the results.

7. The seventh part of the document describes the process of reporting the results of the study and the various methods used to communicate the findings to the relevant stakeholders.

8. The eighth part of the document discusses the importance of ethical considerations in research and the various methods used to ensure that the research is conducted in a responsible and ethical manner.

9. The ninth part of the document describes the process of evaluating the research and the various methods used to assess the quality of the research and the impact of the findings.

10. The tenth part of the document discusses the future of research and the various challenges and opportunities that lie ahead.



2023-2024 Income Eligibility Form (IEF) for Child Care

Source of Income for Children	
Sources of Child Income	Examples
Earnings from work	A child has a regular full or part-time job where they earn a salary or wages.
Social Security	A child is blind or disabled and receives Social Security benefits.
<ul style="list-style-type: none"> Disability Payments Survivors Benefits 	A parent is disabled, retired or deceased, and their child receives Social Security benefits.
Income from person outside of household	A friend or extended family member regularly gives a child spending money.
Income from any other source	A child receives regular income from a private pension fund, annuity or trust.

Source of Income for Adults		
Earnings from Work	Public Assistance/Alimony/Child Support	Pensions/Retirement/All other sources of income
Salary, wages or cash bonuses Net income from self-employment (farm or business) If you are in the U.S. Military Basic pay and cash bonuses (DO NOT include combat pay, FSSA or privatized housing allowances) Allowances for off-base housing, food and clothing	Unemployment benefits Workers compensation Supplemental Security Income (SSI) Cash assistance from State or local government Alimony payments Child support payments Veterans benefits Strike benefits	Social Security (including railroad retirement and black lung benefits) Private Pensions or disability benefits Income from trusts or estates Annuities Investment income Earned interest Rental income Regular cash payments from outside household

STEP 5: Children's Ethnic and Racial Identities

We are required to ask for information about your children's race and ethnicity. Responding does not affect your children's eligibility for receiving meals during care. Check all boxes that apply to the child(ren) in care.

Ethnicity: Hispanic or Latino Not Hispanic or Latino
 Race: White (Includes Hispanic and Latino) Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian or Alaskan Native

Nondiscrimination Statement Revised May 2022

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For center staff use only

Annual Income Conversion: Weekly x 52, Biweekly x 26, Monthly x 12

Total Income \$	How Often? (Circle One)	Yearly	Monthly	Household size:	Household Last Name:		
					Free	Reduced	Paid
		Bi-Weekly	Weekly		Eligibility		

Determining Official's Signature

*This form expires 12 months after the month in which the institution makes the determination.

Example: If the determination is July 2023, the form is valid from July 1, 2023 through July 31, 2024. The institution may use the date the participant/guardian signs the Income Eligibility Form OR the date the institution's official make the determination and signs the Income Eligibility Form. The same approval method selected must be used for all forms approved by the institution.

Month/Year

Expiration Date* (Month/Year)

Today's Date